

GRAMAYANAM 7.2

7- DAY SPECIAL CAMP 2023 – 2024



DAY 1

23 DECEMBER 2023-SATURDAY

The volunteers together with the Programme Officers arrived at the camp venue of GHSS Chembuchira by 10.00 AM on 23/12/2023. The venue is roughly 35 kms away from the college and is located in a scenic place surrounded by paddy fields and coconut groves on all sides.

The team engaged themselves in cleaning the premises and setting it ready for accommodation for a week. The school authorities together with the PTA extended a helping hand in setting up the camp.

The NSS flag was hoisted by 5.00 PM and the inaugural ceremony started at 5.30.

Dr. Chacko Jose P, Principal of St Aloysius College Elthuruth presided over the function. Sri V S Prince, Member of Thrissur Zilla Panchayat, the chief Guest inaugurated the camp.

Dr Chacko Jose P, Principal, Smt Mini C R, Principal, GHSS, Smt Absath A, HM, GHSS, Sri Jissi Tittan, PTA President, GHSS, and Sri Den Varghese NSS alumnus spoke to the gathering.

The inaugural ceremony was attended by a few alumni of the school and college as well.

The inaugural ceremony was followed by activities which was led by NSS Secretaries and core leaders.

The session went up to 8.00pm and was quite engaging. It was followed by dinner.

The students were gathered in the school auditorium after dinner by 9.00 and they had an engaging discussion regarding the course of all the scheduled activities. The Programme Officers selected group leaders and other office bearers from among the volunteers and assigned them their duties and responsibilities. Everybody retired to their dormitories by 10.30 PM.



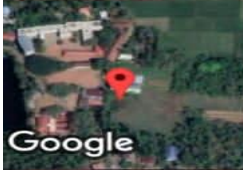
GPS Map Camera

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GOVT OF INDIA
MINISTRY OF YOUTH AFFAIRS AND SPORTS

NSS SPECIAL CAMPING PROGRAMME

മാലിന്യമുക്ത നാളെയ്ക്കായി യുവ കേരളം

ST. ALOYSIUS COLLEGE ELTHURUTH

UNIVERSITY OF CALICUT
UNIT NO: 5 & 46

2023 DECEMBER 23 to 29

VENUE: GHSS CHEMBUCHIRA

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DAY 2

24 DECEMBER 2023-SUNDAY

Volunteers woke up at 5.30 am and after their morning ablutions they moved to the portico. There they were engaged by a Yoga session under the guidance of Core leaders by 6.00am and it came to close by 7.00am.

It was followed by breakfast and the volunteers gathered in the front courtyard of the school at 8.00am for the flag hoisting.

The programme Officers briefed them of the activities of the day. The volunteers, except those in charge of the kitchen were all gathered at the auditorium by 9.30am for the ice breaking session conducted by a certified motivational speaker Sri. Byju Vaidhyakaran. The session lasted till 1.00pm and they gathered for lunch.

The volunteers assembled at 2.00pm in the portico for the proclamation rally to one of the main centre at Chembuchira. Through this the volunteers got an opportunity to interact with the villagers and they succeeded in outreaching the aim of the rally "Youth Kerala For A Garbage Free Day".

It came to an end by [3.30 pm](#). By 4.30 pm they kicked off their Christmas celebrations. They successfully covered almost all the houses in 2nd ward of Mattathur Grampanchayat. The volunteers and the programme officers enjoyed the celebrations enthusiastically. They returned to the camp by 7.30pm which was followed by dinner. They assembled at the auditorium by 8.30 and discussed the events of the day. It was followed by a cultural evening led by group 4. All the volunteers enjoyed the cultural evening with vigour.

Then they retired for the night after the cake cutting ceremony on behalf of Christmas celebrations.







DAY3

25 DECEMBER 2023-MONDAY

By 5.30am, volunteers woke up and assembled for the yoga session by 6.00am. The flag was hoisted by Sri Jaison Jose P and he also gave a brief on the activities of the day. By 9.30 they finished their breakfast and gathered for the cleaning drive in the premises of GHSS Chembuchira. They cleaned the premises with great effort and beautifully started the project "SNEHARAMAM". BY 10.30 all the volunteers gathered at the auditorium for a class on cyber crime by Sri Manoharan Sub Inspector of Police followed by the interactive session. After the session all the volunteers went for the lunch . At 2.30pm there was a session on wildlife photography by famous photographer and a poet Sri Prakashan. He shared his work experience on wildlife photography. Also he engaged the volunteers by singing folk songs. After the session he inaugurated his poetry collection named "Verukal" to NSS Unit secretary Ms Gopika. By evening the students went to visit a famous handicraft man who was a disease stricken man and the visit of students was a kind gesture towards him and his family. On sharing the happiness of Christmas Eve we gifted cakes for his family. After the dinner at 7. 30 the cultural programmes led by group 3 started by 8.30pm. After the cultural programmes all the volunteers and programme officers retired to dormitories by 10.45 and it was a wonderful Christmas Eve.



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DAY 4

26 DECEMBER 2023- TUESDAY

By 6.00 am volunteers gathered at the portico for the exercises. Gopika Anil Kumar, student secretary guided the fellow volunteers.

After that the volunteers returned their morning routine. By 8.00am the volunteers gathered for flag hoisting and it was led by Mr Jaison Jose P and Ms Rejitha A G , Programme officers of St Aloysius College. At 9.00am all the students had their breakfast. From 9:30 to 10:45 all the students were engaged in the preparation of SNEHARAMAM project. At 11.00 all the volunteers gathered at auditorium for a session on anti drug awareness led by excise officer Rajendran sir . Then on behalf of programme officer Jaison Jose sir and student secretary Gopika the volunteers gave him a token of love. By 1.00 everyone gathered for lunch. Then by 2.00 pm everyone returned back to the auditorium for a talk on inter personal skills by Calicut University Psychology Assistant professor Aparna Madam. The session wined up by 3.45 pm . By 4.00pm everyone went for having tea and snacks. Then by 5.00pm all the volunteers and programme officers assembled at chembuchira centre to conduct a flashmob against drug abuse and it was followed by an anti drug awareness pledge led by student secretary Gopika Anil Kumar.

After that few volunteers visited the houses in ward 2 of Mattathur Grampanchayat to give awareness on limit the use of electricity . Then by 7.00pm all the volunteers went to witness thiruvathira day celebrations at chembuchira mahadeva temple and had their dinner from the temple auditorium. Cultural programmes started by 9.30 which was led by group 2 and the event was solemnised by the presence of Atheetha miss Assistant professor at Department of English St Aloysius College and her family. Everyone returned to the dormetry by 11.00pm.



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DAY 5

27 DECEMBER 2023 –WEDNESDAY

By 6.00am all the volunteers gathered at the premises of school for exercise under the guidance of student secretaries . It was followed by flag hoisting and day planning at 8.30 am. Flag was hoisted by Rejitha Miss. The volunteers went for the preparation of SNEHARAMAM project which was followed by breakfast. After breakfast at 9.30 the volunteers completed the SNEHARAMAM PROJECT by 12.30 and by the great effort all the volunteers cleaned the whole campus of Chembuchira Government School. Then they returned for lunch by 1.00pm and after the lunch few volunteers went to visit the bedridden patients on behalf of Palliative care and spent some valuable time with their families. By 2.00 pm the alumnus of GHSS School Suresh Sir and Priyan Sir visited the camp and planned to create an alumni association of NSS and discussed important information with the volunteers. Then by 3.00pm the volunteers gathered at auditorium for handicraft group wise competition which was led by the secretaries and the core leaders. After the session everyone returned to have tea and snacks. By 5.00 volunteers visited nearby houses for awareness on limited use of electricity and distributed brochures. By 7.30 the volunteers gathered at Portico for lighting the Anti Drug awareness lamp and after that students went for the dinner and returned to auditorium by 9.30 for the cultural sessions. The session winded up by 10.30pm and everyone retired for night.





DAY 6

28 DECEMBER 2023 –THURSDAY

By 6.00 am volunteers gathered at the corridor for the exercise and later for the flag hoisting ceremony. The flag was hoisted by former programme officer Dr. Jain J Therattil Assistant professor of Zoology Department. As a part of morning exercise the volunteers went for a jogging. A group of students under the guidance of Sri Jain J Therattil explored the paddy fields of the village and had their lessons on bird watching and ornithology by 9.15 am. After that the volunteers gathered for the breakfast. Then by 10.00 everyone returned to the auditorium for a session on lifestyle diseases and food habits by retired assistant professor of St Thomas College Prof. Dr. Britto Joseph K . After the session volunteers went to clean the Chembuchira bus stop as a part of SNEHARAMAM PROJECT. Under the guidance of Jaison sir volunteers completed the making of garden in the premises of GHSS chembuchira. By 11.00am Assistant NSS programme officer Merin miss reached the camp . Everyone went to have their lunch by 12.15 and after lunch all the volunteers and programme officers started their journey to bamboo forest. There, there was a session by K K Aneesh Kumar sir on the topic availability of water and the environment which was in the presence of yoga trainer A T Jose master and Baskaran Sir . After the session everyone more interested in knowing about Muniyara , So they went to visit Muniyattukunnu . There they attended a session by A T Jose Master about the history of the hill and it was a wonderful Journey. By 6.30 everyone returned back to the camp and went for dinner by 7.30pm . It was followed by the cultural session of group 5 In the presence of Capt. Dr. Jaison Jacob HOD department of Mathematics Dr Adv. Raju C P HOD department of Hindi St Aloysius College Elthuruth with their families . The cultural session winded up by 10.30 pm . After which the volunteers shared their memories and experience of the camp. It winded up by 9.30 and everyone returned to sleep.





DAY 7

29 DECEMBER 2023 –FRIDAY

All the volunteers woke up by 5.30 and engaged in morning exercise and jogging at 6.30 . By 7.30am all the volunteers assembled at the auditorium after the flag hoisting for a feedback session of the camp the session went up to 10.30. Volunteers had a quick breakfast and they assembled in auditorium for valedictory session. In the session the chief Guest handed over the prize for best volunteers in various categories. They congratulated the NSS units of the college for their efforts and hardwork. Volunteers honoured Smt. Indhu the cook of school for her exemplary behaviour with the campers. Smt Rejitha A G Programme officer extended the vote of thanks and it came to close by 11.30 am . The volunteers left to Chembuchira and departed to their houses carrying lots of sweet memories of the place , the people and the camp.





CONCLUSION

The major outcomes of the camp:

- 1, First and foremost, the camp actualised the plan of completing the SNEHARAMAM project at GHSS Chembuchira of Ward II of Mattathur Grama Panchayat where the camp site was located.
2. The camp gave an excellent opportunity for all the campers to spend a whole week in close proximity to pristine, unpolluted rural environment. The trekking to Muniattu Kunnu and the visit to the Mupliyam Bamboo Forest too gave them ample opportunity to know the beauty and splendour of nature thereby creating strong resolves of conservation and sustainability among them
3. The practical lessons they learned in the kitchen, mess hall, in cleaning and up keeping of the camp site added to their life skills
4. The great lessons of socialisation and cooperation were learned systematically during the camp through the routine activities of the camp
5. The camp gave them great opportunity in organisational skills and leadership training which definitely would help them in their life and career.
6. The capacity to live in a place with minimum facilities helped them acquire the great lessons in tolerance, mutual understanding, sharing and caring- the great lessons in real life.
7. The camp also gave enough space for the boys and girls to mix, mingle and work together at multiple levels. It was a great opportunity to develop gender sensitive and gender neutral attitudes among both the sexes – the qualities that would take the nation to a progressive era.